

Sleep Apnea & Snoring Treatment

Obstructive sleep apnea affects around 20 million Americans.

During sleep apnea, passageways in the throat temporarily close and prevent oxygen from reaching the lungs. To correct this problem, the brain wakes you from sleep so the body can open the passageway. This is a dangerous condition that can lead to hypertension, heart attack, stroke, depression, muscle pain, fibromyalgia, morning headaches, and excessive daytime sleepiness.

With the body and brain constantly waking up throughout the night, the body can't get the deep, restful sleep it needs to perform correctly.

Is snoring or sleep apnea keeping you or your partner from getting the restful sleep you need? Our oral appliance therapy may be the answer to a great night's sleep and a better quality of life.

If you suspect or know that you have sleeping and breathing disorders, call today for a Free Initial Sleep Consultation. Discover how you or a loved one can begin to enjoy a good night's rest. For more information about sleeping and breathing disorders, go to www.AADSM.org/. The American Academy of Dental Sleep Medicine (AADSM) promotes research and the use of oral appliances and upper airway surgery for the treatment of sleep-related breathing disorders (SBD).